

BOWL COZY CREATION

A beginning sewing lesson

by Karen Dragoo
For Stitchhouse





OBJECTIVES

- Make 1 small and 1 large bowl cozy
- Use template rulers to cut fabric & batting
- Use Mov-it foot or dual feed foot.
- Use the laser grid to sew accurate $\frac{1}{4}$ " seams (if on Luminaire)
- Quilt
- Sew darts
- Create a finished edge
- Sew neatly (always trim excess thread)

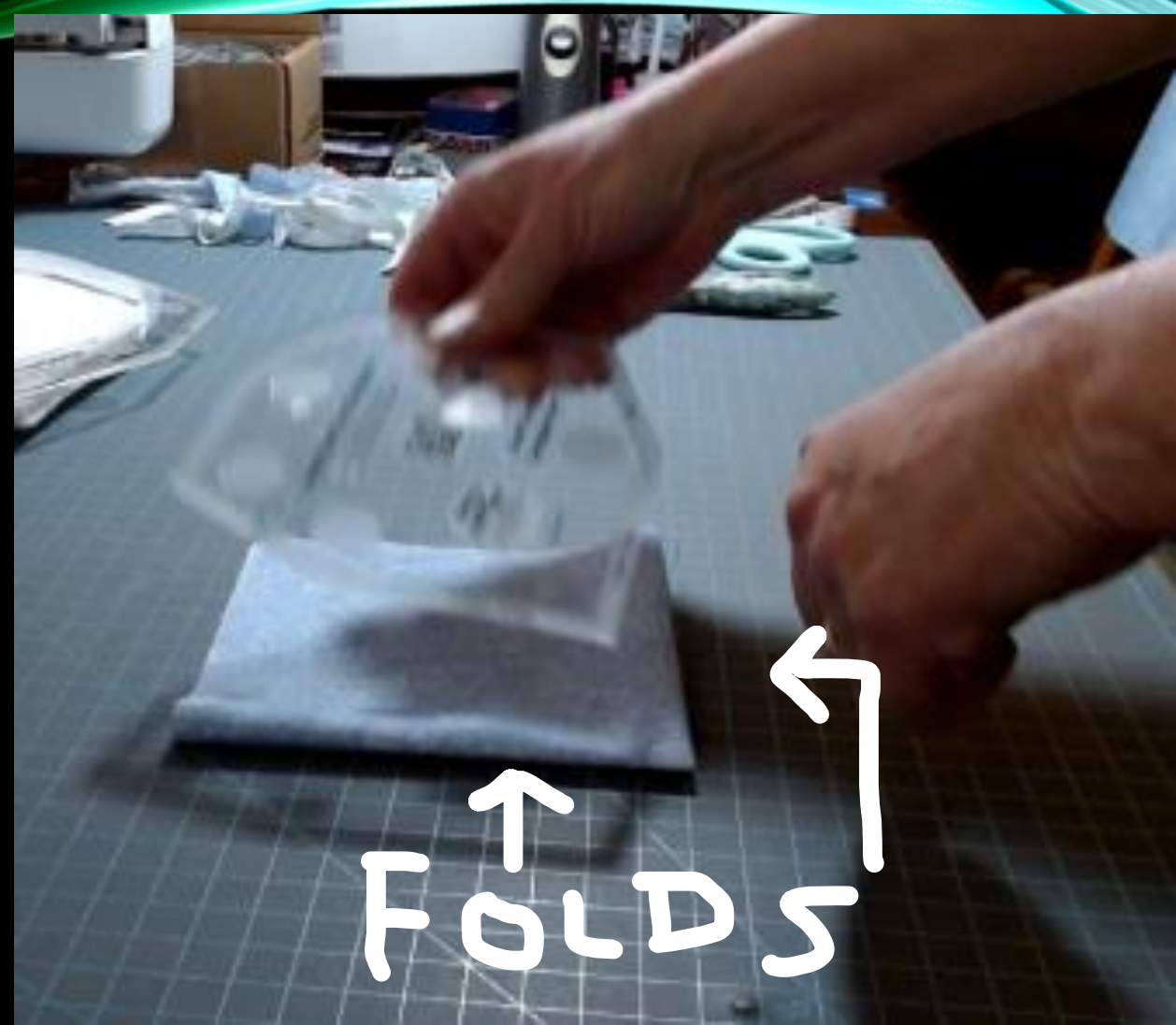
MATERIALS NEEDED

- 2 - 16" square pieces of fabric
- 2 - 16" square pieces of batting
- 2 - 11" square pieces of fabric
- 2 - 11" square pieces of batting
- Thread
- Sewing machine
- Dual-feed or Mov-it presser foot
- Bowl cozy ruler templates 1 large, 1 small



CUT:

- Use the large ruler to cut the shapes for the large bowl cozy – 2 each pieces of fabric and batting (the 16" pieces).
- Use the small ruler to cut the shapes for the small bowl cozy – 2 each pieces of fabric and batting (the 11" pieces).



PARTNER UP!

- Pair each piece of fabric with each piece of batting so you have 4 partners – 2 large and 2 small.



QUILT 4

- Quilt each fabric/batting pair. Choose a straight stitch or a fancy stitch. Choose the shape (square, circle, Xs, etc).



DART TIME

- There will be 4 darts per piece.
- Put right sides together for each dart.
- Sew $\frac{1}{4}$ " seams to make the darts on each of the 4 quilted pieces.



BRING THEM TOGETHER

- Put the 2 large quilted bowl pieces with right sides together and match the sides and darts.
- Pin or clip to keep them lined up.
- Repeat for the small bowl.



JOINING:



- Sew a $\frac{1}{4}$ " seam around the raw edges of the bowl.
- Leave about 3 inches of open seam at the end to turn everything right side out.
- Do this for each bowl.



GETTING CLOSE!

- Turn your bowls right side out. Use your fingers or a turning tool to push out all of the edges.
- Push the fabric together to form the bowl shape.



FINISHING THE EDGES

- Fold under the remaining 3 inches of raw edge on each.



FINISHING THE EDGES

- Stitch a $\frac{1}{4}$ " seam over the final 3 inches but continue to stitch around the top edge of each bowl until you reach the starting point. This gives a final finished edge.



FINISHED!

- Congratulations!
You have two
beautiful
microwave bowl
cozies!



CLEANUP

Please:

- Remove the needle and presser foot from your sewing machine.
- Clean under the needle plate.
- Return your bobbin and thread (if from SH).
- Turn off your machine.

- Thank you.